

# Leading Causes of Death in West Virginia, 2006

Circles mark deaths linked to excess omega-6 actions.

Eat more omega-3 and less omega-6 to cut excess omega-6 actions.

PREVENT  
THE  
CAUSE

omega-6  
& calories

omega-6

omega-6

omega-6  
& calories

calories

omega-6

omega-6

	Age Groups										
Rank	<1	1-4	5-9	10-14	15-24	25-34	35-44	45-54	55-64	65+	All Ages
1	SIDS 40	Unintentional Injury 11	Unintentional Injury 10	Unintentional Injury 4	Unintentional Injury 167	Unintentional Injury 184	Unintentional Injury 185	Malignant Neoplasms 437	Malignant Neoplasms 882	Heart Disease 4,321	Heart Disease 5,311
2	Congenital Anomalies 24	Congenital Anomalies 3	Homicide 3	Heart Disease 1	Suicide 22	Suicide 36	Heart Disease 97	Heart Disease 328	Heart Disease 529	Malignant Neoplasms 3,162	Malignant Neoplasms 4,613
3	Short Gestation 18	Benign Neoplasms 1	Malignant Neoplasms 2	Malignant Neoplasms 1	Homicide 9	Malignant Neoplasms 29	Malignant Neoplasms 89	Unintentional Injury 201	Diabetes Mellitus 136	Chronic Low Respiratory Disease 1,069	Chronic Low Respiratory Disease 1,267
4	Maternal Pregnancy Comp. 10	Heart Disease 1	Congenital Anomalies 1		Malignant Neoplasms 9	Homicide 28	Suicide 57	Suicide 71	Chronic Low Respiratory Disease 134	Cerebrovascular 924	Unintentional Injury 1,177
5	Unintentional Injury 4	Influenza & Pneumonia 1			Heart Disease 8	Heart Disease 23	Liver Disease 21	Liver Disease 59	Unintentional Injury 111	Diabetes Mellitus 532	Cerebrovascular 1,072
6	Bacterial Sepsis 3	Malignant Neoplasms 1			Congenital Anomalies 3	Congenital Anomalies 6	Homicide 20	Diabetes Mellitus 52	Cerebrovascular 85	Alzheimer's Disease 491	Diabetes Mellitus 743
7	Circulatory System Disease 3	Meningococcal Infection 1			Septicemia 3	Septicemia 5	Diabetes Mellitus 19	Cerebrovascular 50	Liver Disease 60	Influenza & Pneumonia 406	Alzheimer's Disease 496
8	Influenza & Pneumonia 3	Perinatal Period 1			Chronic Low Respiratory Disease 2	Chronic Low Respiratory Disease 4	Cerebrovascular 12	Chronic Low Respiratory Disease 46	Nephritis 49	Nephritis 393	Nephritis 468
9	Maternal Toxic Substance 3				Influenza & Pneumonia 2	Influenza & Pneumonia 4	Chronic Low Respiratory Disease 12	Viral Hepatitis 19	Septicemia 45	Unintentional Injury 300	Influenza & Pneumonia 459
10	Necrotizing Enterocolitis 3				Diabetes Mellitus 1	Liver Disease 4	HIV 8	Homicide 18	Suicide 44	Septicemia 259	Septicemia 338